

You. Your family. Your job.

Confidential, free help for personal, family and work problems.

Our Employee Assistance Program has one purpose – to work closely with you to correct situations before they interfere with your home or work life. We do this with high quality clinical and personal care. **JBG Clinical Care** is described on this page; **JBG Personal Care** on the reverse side.

What types of problems are covered by JBG Clinical Care?

Confidential assessment and brief counseling for:

- Marital Relationship
- Parent/Child Conflicts
- Grief and Loss
- Anxiety
- Stress
- Depression
- Substance Abuse
- Workplace Issues
- Gambling
- Other Concerns

How do I contact JBG Clinical Care and what should I expect?

Call **Jorgensen Brooks Group** at **520-575-8623** [toll free, **888-520-5400**].

Local, in-person clinical appointments can be made Monday through Friday, 8:00am through 4:30pm. Virtual / Video, telephone and Internet Chat clinical appointments with licensed therapists are also offered. ***Crisis services are available 24 hours/7 days.***

How many counseling sessions are available?

You and your family members can have up-to-**TBD** free sessions per problem, per person, per year. Counseling for a specific problem [regardless of the number of sessions provided] requires a one-year break before sessions can again be provided for that problem. Sessions for marital / relationship and family / child situations are authorized for the group involved; separate sessions may be authorized for individuals upon clinical review. Adult children living in the household may receive services until the age of 26. A break of 90-days is required between authorizations for problems.

What if I need services beyond JBG Clinical Care?

JBG Clinical Care can guide you to available options, including self-help groups; behavioral health professionals; treatment programs; or other resource based on your condition, financial needs and / or insurance coverage. Always, **JBG Clinical Care** will first refer you to network providers in your medical plan. Once referred, you will be responsible for the cost of these services.